



THE FRIDAY NOTE

FRIDAY 1ST MARCH 2019



1. **Parents Coffee Morning** – P1-7 parents are invited to a school coffee morning on Wednesday 6th March at 10am. During this coffee morning, parents will get a chance to look around our school's new R-Eco Box and also hear news about plans for the current school year and 2019-2020. Reply slips have been sent home to help with catering arrangements so please send those into your child's teacher as soon as possible.
2. **Online Safety** – a lot of media attention has been given to the access children have to social media and online gaming over the last week. The 'Momo Challenge' has been mentioned a lot especially. Parents should be aware of how to help children stay safe online. Please see our School Website for Online Safety Help and Support.
3. **Nut Free School** – we have a number of children at our school who suffer from a severe allergy to nuts. For some children, coming into contact with nuts causes a potentially life threatening anaphylactic reaction. This reaction can be induced by smell, touch or ingestion of nuts. In order for us to reduce the risk of an anaphylactic reaction occurring at school, we need all parents to stop sending your child to school with nuts, or any product containing nuts, for eating at break or lunchtime. Thank you for your cooperation with this matter.
4. **Mobile Phones** – please do not use your mobile phone while in the school building. This is for Child Protection reasons.
5. **Healthy Break and Water** – please remember that Cregagh Primary School continues to operate a compulsory **Healthy Break and Water Only** policy for its pupils. On Fridays, children can bring a suitably sized sweet treat, cake or bun as a treat. It is important that parents give children a break time snack every day. Too many children are complaining that they are hungry at break times yet have nothing with them to eat.
6. **Spanish Lessons** – thank you for continuing to contribute towards the children's Spanish lessons with Andrea. The money is going some way to cover the cost of the lessons which the children enjoy so much. Please continue to send in £1 with your child on a Tuesday!
7. **World Book Day Thursday 7th March** – all pupils are invited to come to school dressed as their favourite book character. Pupils who dress up are asked to bring a £1 contribution towards new books in our school library. Those who do not wish to dress up should come to school in their normal school uniform.
8. **Boxercise for P4, P5, P6, P7 girls Friday 8th March** – Louise will be in school next Friday taking a free Boxercise session for the girls in our assembly hall. On Friday, the girls should come to school in their school uniform but change into their PE kit for the session. Pupils may bring a bottle of water on the day.
9. **Important Dates:**
 - a. **St Patrick's Day Monday 18th March** – school closed at 1pm due to the Schools' Cup Final taking place at the Kingspan Stadium.
 - b. **Parent Teacher Interviews-** Monday 8th – Friday 12th April. Pupils finish at 1pm each day.
 - c. **Sports Day** – Friday 31st May (Friday 7th June will be held as a reserve day)
 - d. **Prize Day and Final Assembly** – Thursday 20th June
 - e. **P7 Residential** – 10th – 12th June (further details to follow – please continue to send in money)
 - f. **P7 Final Day** – Tuesday 25th June (12noon finish)