

# Lisnasharragh School Meals Kitchen Dining Hall Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 30/08/21 27/09/21 25/10/21 22/11/21 20/12/21	Steak Casserole Crusty bread Fresh Diced Turnip Tossed Salads Mashed Potato  Ice Cream, fruit & Chocolate Sauce	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato  Swiss Roll & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables  Carrot Cake & Custard	Oven Baked Breaded Chicken Goujons Selection Of Dipping Sauces Garden Peas Selection Of Salads Mashed Potatoes  Fresh Fruit Salad & Yoghurt	Salmon Fishcake Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato  Flakemeal & Melon Boat with Yoghurt
<b>WEEK 2</b> 6/9/21 4/10/21 1/11/21 29/11/21	Spaghetti Bolognese Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots  Homemade Rice Pudding & Peaches	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Baked Beans Tossed salad Mashed Potato  Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Selection of Salads  Homemade Shortbread & fruit pot	Roast Beef, Herb stuffing, gravy, Cauliflower cheese, fresh diced carrot & parsnip Dry roast potato, mashed potato  Melon slice & yoghurt	Breaded Chicken Goujons or Chicken Baguette Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato  Jelly & Ice Cream with Fruit Salad
<b>WEEK 3</b> 13/9/21 11/10/21 8/11/21 6/12/21	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Chocolate and Orange Sponge & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green beans Tossed salad  Flakemeal biscuit & mandarin orange	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato  Swiss Roll & Custard Fresh Fruit	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato  Homemade Rice Pudding & Pears	Hotdog, Sauté Onions Or Beef Fajita Carrot and Cucumber sticks With Homemade Garlic Dip Peas Chips or Baby Boiled Potatoes  Raspberry ripple Ice Cream & Fresh Fruit Salad
<b>WEEK 4</b> 20/9/21 18/10/21 15/11/21 13/12/21	Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Mashed Potato  Flakemeal Biscuit, Fruit & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Mashed Fresh Turnip  Lemon Sponge & Custard	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn  Strawberry Mousse & Fresh Fruit Salad	Roast Beef Herb Stuffing Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato  Chocolate Brownie & Custard	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips  Artic Roll & Jelly & Fresh fruit

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Selection of salads  
available daily*

*If You Require Any  
Additional  
Information on  
Allergens or  
Special Diets  
Please Contact the  
School to  
complete a Special  
Diets Application  
Form*

