

# Lisnasharragh Primary Menu 20/3/23-30/6/23

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b> <b>Week beginning:</b> <b>10.04.23</b> <b>08.05.23</b> <b>05.06.23</b>	Chicken Curry & Naan Bread Steamed rice Garden Peas  Date Krispie Or chocolate mousse Fresh fruit	Golden Crumbed Fish Fillet  Chips Mini baked Potato Baked Beans & Garden Peas  Sponge & Custard	Homemade Beef Bolognese  Pasta spirals, Grated cheese Garlic Bread slice  Jelly and ice cream + Fruit Cocktail	Roast Pork & Gravy  Mash & Roast Potatoes Carrots & Parsnip  Chocolate brownie Custard	Hotdog  Chips, Salad & Coleslaw  Homemade Flake meal Milkshake
<b>Week 2</b> <b>Week beginning:</b> <b>20.03.23</b> <b>17.04.23</b> <b>15.05.23</b> <b>12.06.23</b>	Oven Baked Chicken Nuggets  Chips or mashed Potato Sweetcorn & Baked Beans  Pear & Chocolate Sponge & Custard	Mild Chicken curry & Naan Bread  Steamed rice/garden peas  Rice Krispie Square & Milkshake	Homemade Sausage Pie & Gravy  Mashed Potatoes Peas & Carrots  Strawberry muffin	Roast Beef with Stuffing & Gravy  Mash & Roast Potatoes Cauliflower  Cornflake Tart & Custard	Golden Crumbed Fish Fillet  Chips/baked Potatoes Salad Coleslaw  Popcorn Cookies Fruit
<b>Week 3</b> <b>Week beginning:</b> <b>27.03.23</b> <b>24.04.23</b> <b>22.05.23</b> <b>19.06.23</b>	Oven Baked Pork Sausages  Mashed Potatoes Baked Beans & Garden Peas  Ice-Cream & Pears with Hot Chocolate Sauce	Breaded fish fingers Peas Chips, Coleslaw  Zesty Orange Sponge & Custard	Mild Chicken Curry & Naan Bread  Steamed Rice/Garden Peas  Caramel Tart Fruit	Roast Gammon & Gravy  Mash & Roast Potatoes Cabbage  Iced Sponge with Sprinkles & Custard	Pepperoni OR Ham and Cheese pizza  Chips Tossed salad /Sweetcorn  Strawberry Milkshake & Flakemeal Biscuit
<b>Week 4</b> <b>Week beginning:</b> <b>03.04.23</b> <b>01.05.23</b> <b>29.05.23</b> <b>26.06.23</b>	Homemade Beef Bolognese  Pasta Spirals Sweetcorn/Grated Cheese Crusty Bread  Apple Sponge & Custard	Mild Chicken Curry & Naan Bread  Steamed Rice/Garden Peas  Vanilla Ice Cream Sponge & Fruit Salad	Beef Burgers in bap  Chips & Baked Beans or Sweetcorn  Sticky Toffee Pudding & Custard	Roast Turkey with Stuffing & Gravy  Mash & Roast Potatoes Broccoli/Carrots  Chocolate Brownie and Milkshake	Oven Baked fish fillets  Chips or Baked Potato Spaghetti hoops/Coleslaw  Frozen Mousse Fruit

**Breads, Milk, Yoghurt, Water & Fresh Fruit Available Daily**

**If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form**