



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK 1

Week commencing
Mon 29th Jan 2024

MONDAY

MAIN COURSES

Chicken curry
Naan bread

SIDES

Steamed rice
Onions
Mushrooms

DESSERT

Shortbread,
Melon wedge

TUESDAY

MAIN COURSES

Fish Fingers

SIDES

Baked Beans
Coleslaw
Chips/Baked

DESSERT

Lemon cake
Custard

WEDNESDAY

MAIN COURSES

Meatballs with
Tomato Basil
Sauce

SIDES

Penne Pasta
Salad
Crusty Bread

DESSERT

Rice Pudding
Mandarin Oranges

THURSDAY

MAIN COURSES

Roast Turkey
Gravy

SIDES

Diced Carrots
Broccoli
Mashed and
Roast Potatoes

DESSERT

Artic Roll
Fresh Fruit

FRIDAY

MAIN COURSES

Pork
Sausages

SIDES

Tomato Ketchup
Peas or Salad
Chipped Potatoes

DESSERT

Fairy cake
Milkshake

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL



EAT SMART WITH

THE LUNCH BUNCH

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WEEK 2

WEEK COMMENCING:
Mon 5th Feb 2024

MONDAY

MAIN COURSES

Chicken Curry
Naan Bread

SIDES

Steamed Rice
Peas

DESSERT

Ice Cream
Chocolate Sauce
and Sliced Pears

TUESDAY

MAIN COURSES

Ham & Cheese
Pizza

SIDES

Sweetcorn
Salad
Potato Wedges

DESSERT

Strawberry
Muffin

WEDNESDAY

MAIN COURSES

Beef Bolognese
Pasta Twists

SIDES

Garlic Bread

DESSERT

Jelly
Fruit Cocktail

THURSDAY

MAIN COURSES

Roast Pork
Gravy

SIDES

Garden Peas
Turnip
Mashed
Potatoes

DESSERT

Apple Tart
Custard

FRIDAY

MAIN COURSES

Chicken
Goujons

SIDES

Baked Beans
Salad
Chipped/Baked
Potatoes

DESSERT

Ginger Biscuit
Orange Juice

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

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EAT SMART WITH THE LUNCH BUNCH

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WEEK 3

WEEK COMMENCING:
Mon 12th Feb 2024

MONDAY

MAIN COURSES

Chicken Curry
Naan Bread

SIDES

Steamed Rice
Mushrooms

DESSERT

Date Krispie
Custard

TUESDAY

MAIN COURSES

Pepperoni or
Margherita
Pizza

SIDES

Salad, coleslaw
Diced Potatoes

DESSERT

Jelly
Mandarins

WEDNESDAY

MAIN COURSES

Breaded Fish

SIDES

Baked Beans
Mashed Potatoes

DESSERT

Chocolate Sponge
Custard

THURSDAY

MAIN COURSES

Roast Beef
Gravy

SIDES

Cauliflower
Cheese sauce
Green beans
Mash/Roast
Potatoes

DESSERT

Fruit &
Yoghurt

FRIDAY

MAIN COURSES

Hot Dogs

SIDES

Mini Corn Cob
Spaghetti Hoops
Chipped or Baked
Potatoes

DESSERT

Fairy cake
Milk

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

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