## **EAT SMART WITH**



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Golden Crumbed Fish Fingers  Peas / Coleslaw Chipped / Baked Potato  Ice-Cream, Pears & Chocolate Sauce	Homemade Cottage Pie Broccoli / Butternut squash Potato Wedges / Baked Potato Summer Fruit Cheesecake	Beef Bolognese  Mediterranean vegetables  Garlic Baguette / Pasta Spirals  Sticky Date Pudding & Custard	Roast Pork Loin & Gravy  Turnip / Green beans  Mashed / Oven Roast Potato  Golden Krispie Square	School "Chippy Day" Chicken Nuggets or Fish Fillet Shapes Beans/Sweetcorn Chipped / Baby New Potatoes Frozen Fruit Yoghurt
26 February 25 March 22 April 20 May 17 June 9 September	Baked Pork Sausages & Gravy Garden Peas/ Onions Chipped / Baked Potato Ice-Cream & Two Fruits	BBQ Pulled Pork Pizza Sweetcom / Baton Carrots Garlic & Paprika Wedges Jaffa Cake Pots	Breaded Fish & Lemon Mayo  Baked Beans / Diced Carrots  Mashed / Baby Potato  Fruit Sponge & Custard	Roast Turkey, Stuffing & Gravy  Baton Carrots /Broccoli Florets  Mashed / Oven Roast Potato  Fresh Fruit Salad & Yoghurt	Beef Burger in Bap with Onions Tuna Wrap Com on the Cob / Salad Chipped Potato  Lemon Shortbread & Melon Wedge
4 March 1 April 29 April 27 May 24 June 16 September	Beef Bolognaise  Sweetcom / Broccoli Pasta Spirals /Baguette  Baked Potato with Cheese  Chocolate Sponge Custard	Breaded Fish & Lemon Mayo  Mushy Peas / Baked Beans  Chipped Potato / Mash Potato  Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread Peas /Onions Noodles / Steamed Rice Chocolate & orange cookie	Roast Beef & Gravy  Carrot and Parsnip /Cauliflower  Mashed / Oven Roast Potato  Pineapple Delight	Hot Dog with Tomato Ketchup  Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes  Ice-Cream & Mandarin Oranges
11 March 8 April 6 May 3 June 26 August 23 September	Golden Crumbed Fish Cakes  Baked Beans & Garden Peas  Chipped / Baked Potato	Ham Pizza 0r Lasagne Sweetcom / Coleslaw Potato Wedges / Baked Potato Flakemeal Biscuits	Chicken Curry & Naan Bread Garden Peas / Mushrooms Boiled Rice / Mashed Potato  Arctic Roll and Peaches	Roast Gammon & Gravy  Cabbage/Peas & Corn  Mashed / Oven Roast Potato  Homemade Brownie & Orange	Chicken Burger In Bap Spaghetti Hoops / Coleslaw Chipped / Baby New Potatoes Popcorn Cookie Apple And Blackcurrant

Juice

Wedges

Fruit Sponge and Custard